

Membership Policies

Checking In

Members are required to check in for all classes and training sessions. Attendances are recorded by the check-in system and a failure to check in means that we cannot confirm your attendance at that session.

Membership Freeze

If you will be out of town or otherwise unable to use your gym membership for 14 days or more, you may freeze your membership. This means that your membership will be paused, and will be resumed at a later date. In order to freeze your membership, you will need to fill out the [Membership Freeze Form](#), found on our website under Members > Policies & Forms. The form requires you to choose a start date and resume date for your membership freeze. This form must be submitted at least 48 hours before your freeze date. Upon the resume date, your membership will continue where it left off and any auto-payments will proceed as scheduled. If you need to change the membership resume date, you must submit the change in writing to info@mykorstrength.com at least 48 hours before your scheduled resume date. Memberships can be frozen for up to 90 days. After 90 days, your membership will resume as normal unless we receive a membership cancellation form.

Membership Cancellation

To cancel your membership, it must be submitted via the [Membership Cancellation Form](#) found on our website under Members > Policies & Forms. The form must be submitted at least 48 hours before your cancellation date. If notice is received within 48 hours of your cancellation date, KOR is not responsible for reimbursing any auto charges on your account.

Kettlebell Camp Memberships

If you are attending Kettlebell Camp, your allotted sessions must be completed within 1 month of beginning the program, unless otherwise approved by your trainer. If you need to miss a session, alert your trainer at least 24 hours in advance. Your trainer will help you find a time to make it up, either with them or another trainer. For your safety, you must be able to pass the [Safety Standards](#) before attending a Kettlebell Class. At the end of camp, your

membership will auto-renew into the Unlimited Class membership. Please alert your trainer before the end of camp if you would like to upgrade or downgrade your membership.

Semi-Private Training Membership

The semi-private training membership provides two or three training sessions per week for 1 month. The exact number of training sessions may vary based on the number of weeks in the month. You are responsible for attending all scheduled training sessions. If you need to miss a semi-private training session, please alert your trainer at least 24 hours in advance. If you alert your trainer within the time frame and miss a session, you may arrange a time to make it up. If you do not alert your trainer and you miss a session, you will not be able to make up that session nor be reimbursed for it. Sessions must be made up within 1 week before or after the scheduled session.

Unlimited Class Membership

Unlimited monthly membership fees are collected through our automatic payment system. If you choose to keep your unlimited membership off auto-pay, the monthly fee will be increased by \$20/month.

Membership Price Increases

If you are on an auto-pay membership, you will not be subject to any membership price increases. If you are not on auto-pay or if you cancel your membership and return at a later time, you may be subject to membership price increases. Punchcard memberships are non auto-pay.

Reimbursements

KOR will reimburse any payments that were the fault of the system or staff. If you pay for a membership and then decide to cancel, the payment can go towards a punchcard membership or can be applied as an account balance but cannot be reimbursed.

Space

KOR is not responsible for any lost or stolen personal items.